

5715 Emerson Street  
Bladensburg, MD 20710  
301.864.4532  
setonhs.org

# ATHLETICS

**FLEX YOUR MUSCLES AS  
AN ELIZABETH SETON  
ROADRUNNER**



ELIZABETH  
SETON  
HIGH SCHOOL



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# ELIZABETH SETON ROADRUNNERS

Athletics are a vital part of the Elizabeth Seton experience. Open to all students, our athletic program...

- ▶ fields 22 teams in 13 interscholastic sports
- ▶ is home to the only high school field hockey and crew teams in Prince George's County
- ▶ is the 11-time consecutive WCAC Championship Track team

Our athletic facilities include...

- ▶ the state-of-the art Brooks Center gymnasium
- ▶ locker rooms, workout room, dance studio, offices, equipment rooms, and classrooms
- ▶ a turf field and resurfaced track to enable safer play under all weather conditions

**PLAY BALL.** Collegiate teams on which our graduates have recently played include: Catholic University, University of Cincinnati, Georgia Tech, Hofstra University, Lafayette College, University of Louisville, University of Maryland, University of Michigan, University of Richmond, Michigan State University, University of Missouri, Mount St. Mary's University, University of Pittsburgh, Rutgers University, Sacred Heart University, Syracuse University, Towson University, University of Wisconsin, and Virginia Commonwealth University



## COMPETE, ACHIEVE, BE A PART OF THE TEAM

As members of the Washington Catholic Athletics Conference, we compete against the best teams in the region and we frequently participate in post-season play. Many of Seton's coaches and players are recognized annually for their accomplishments. In keeping with the school's philosophy and mission, Seton is committed to challenging our students to develop intellectually, spiritually, and physically. Our athletic program is an extension of our school's mission and a vital component of our school community. Our student athletes not only improve their athletic abilities, but also, are encouraged to develop good sportsmanship, responsibility, loyalty, and team camaraderie. The Seton coaching staff teaches and emphasizes these same values.



### VARSITY TEAMS

- Basketball
- Cheerleading
- Crew
- Cross Country
- Field Hockey
- Golf
- Indoor Track
- Lacrosse
- Soccer
- Softball
- Swimming
- Tennis
- Track & Field
- Volleyball

### JV TEAMS

- Basketball
- Crew (Novice)
- Cheerleading
- Field Hockey
- Lacrosse
- Soccer
- Softball
- Volleyball